



Nashville International

Center for Empowerment

Welcome Kit

When refugees arrive in the United States, many come with only a few belongings, a difficult past, and high hopes for the future. NICE Welcome Kits provide these families with the basic household items they need for their new start in Nashville. You can help us by gathering the items listed and donating them to NICE, where they will be delivered to a family in need. You may gather an entire kit and place it in a large plastic bin or other container, or you may donate a collection of items to be distributed to these families. If you wish to give, a \$25 donation is appreciated with every Welcome Kit we receive. Help us make a difference, help us make a home!

Household Items

estimated value: \$300

- Alarm clock with batteries
- Notebook & pens
- Table lamp
- Light bulbs
- Laundry basket
- Clothing hangers
- Pocket dictionary
- Picture dictionary
- Calculator
- Microwave
- Fan
- Vacuum cleaner

Hygiene Supplies*

estimated value: \$100

- Toilet paper
- Kleenex
- Shampoo & conditioner
- Hand & body soap
- Soap dish
- Toothbrushes & toothpaste
- Toothbrush holder
- Deodorant
- Hand/body lotion
- Chapstick
- Razors & shaving cream
- Maxi pads

Kitchen & Dining

estimated value: \$200

- Tableware (knives, forks, spoons)
- Place settings (plate, bowl, cup, glass, etc.)
- Mixing & serving bowls
- Kitchen utensils (serving spoons, spatula, etc.)
- Sharp knives
- Can opener
- Water/juice serving pitcher
- Set of pots & pans
- Baking dishes
- Dish towels
- Rice cooker
- Large Rubbermaid storage containers

Cleaning Supplies *

estimated value: \$150

- Dish soap
- All-purpose cleaner (non-toxic)
- Sponges
- Paper towels
- Laundry detergent
- Waste baskets (bathroom & kitchen)
- Broom & dust pan
- Mop & bucket
- Trash bags
- Toilet brush

Bedding & Linens

estimated value: \$250

- Sheet sets - twin & full
- Blankets, quilts or comforters
- Pillows* & pillow cases
- Towel sets - bath, hand, washcloths
- Shower curtain* & rings
- Bath mat*

Baby items*

estimated value: \$125

- Diapers & wipes
- Blanket
- Baby bottles
- Baby-sized bowls & utensils
- Baby wash/shampoo & lotion
- Car seat

Can't make an entire kit? Don't worry! We are happy with any items you are able to donate!

**You can give online at
www.empowernashville.org**

**Nashville International Center for Empowerment
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